

Engaging young people to achieve their goals, support change and reduce harm related to the use of alcohol and other drugs.

Clarence Street is part of the Mater Young Adult Health Centre. At Clarence Street there are a range of services to support young people, who experience problematic substance use, including:

- A **residential program** designed to support young people, aged between 13-18, to safely withdraw from substances.
- **Axis Community Team** is a Specialist Youth Work Service that can outreach to individual young people, aged between 13-25, in the greater Brisbane area.
- A **Day program** in the Area 40 space where young people, aged between 13-25, can drop in and access support in a creative and safe environment.

How to find Clarence Street

Driving by Car:

Please call us on **07 3163 8400** if you have questions about parking.

By Bus:

Clarence Street is a short walk from the Mater Hill Bus Stop on the Southern Busway. Buses run every 10 minutes to and from the city. The stop is on Stanley Street. There are also bus services which stop on Annerley Road near Clarence Street.

By Train:

Clarence Street is a short walk from South Bank Train station via the pedestrian underpass which connects the station to Stephens Road. Clarence Street is a short walk along Annerley Road from Park Road Station.

For public transport information visit the Translink website or call **13 12 30**.

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CLARENCE STREET

A **free, confidential service** that provides a range of alcohol and other drug services that support young people to achieve their goals.



Clarence Street aims to:

- Support young people to complete their withdrawal in a safe, comfortable and youth-friendly environment.
- Assist young people to reduce substance use related harms through the provision of alcohol and other drug interventions.
- Promote harm minimisation strategies which take into account each young person's individual motivation, goals, choices, strengths and support needs.
- Facilitate referrals as required to other agencies and services in the community that can provide ongoing support for young people and their families.
- Develop, in collaboration with each young person and their key support people, an individualised support plan that promotes the young person's overall health and wellbeing.
- Provide comprehensive support to parents, families, carers and other key people in the life of the young person.

Referrals to Clarence Street

Anybody can make a referral to Clarence Street by contacting us on **07 3163 8400** and asking to speak to our state wide Triage and Referral Coordinator.

We receive referrals from young people (self-referrals), their families, health and education professionals, community youth services and other agencies.

Involvement with Clarence Street is voluntary. Referrers from external agencies must obtain consent from the young person being referred.



Our Programs

1. Adolescent Drug and Alcohol Withdrawal Service

The Adolescent Drug and Alcohol Withdrawal Service (ADAWS) at Clarence Street is a residential program for young people across Queensland between the ages of 13 and 18 (up until their 19th birthday).

It is an 11 day 'live in' program where young people can safely withdraw from substances. ADAWS provides a comprehensive program to enable young people to work towards their goals and achieve change in their lives. The residential program accommodates up to five people at a time, provides individual rooms and 24-hour staff support.

During the program, young people are supported by youth workers to participate in group work and recreational activities, including going to the gym. The program includes groups to assist coping with cravings, drug and alcohol awareness and relapse prevention. During their stay, young people will also have access to mental health and general health checks.

2. Axis Community Team

Axis is a specialist youth work service that provides young people with support on an individual basis either at Clarence Street or in the community across the greater Brisbane area.

This team offers young people an opportunity to develop individualised programs to suit their level of motivation and goals around reducing the harms associated with their substance use.

A variety of therapeutic interventions and activities are available to suit each young person, including counselling, family work, care planning and coordination with stake holders.

If young people have health concerns relating to their substance use, they can access a nurse or GP.

3. The Clarence Street Day Program

The day program is run out of a space called **Area 40** – a large and vibrant space where young people can access support in a creative and safe environment.

The day program operates five days a week for young people aged 13-25 with a range of activities including:

PIVOT

A vocational training program providing Certificate courses in the hospitality and retail industries.

Job Club

A program designed to build skills and support readiness for work or further training.

FWD

FWD is a therapeutic group program designed to help young people manage emotions, stress and relationships plus reduce harm related to the use of alcohol and other drugs (by referral only).

Drop in

Every **Wednesday, Thursday and Friday** young people have open access to Area 40 with **no appointment required**. Young people are encouraged to come along and participate in activities such as skateboard making, painting, screen printing, cooking or using the music recording studio.

For more information about day program opening hours call Clarence Street on 07 3163 8400.